



**EMPOWER MARTIAL ARTS
KAJUKENBO KARATE**

“RULES OF RESPECT”

1. I will respect my parents, I will honor them by becoming the best I can be.
2. I will respect my teachers, I will listen with my ears, my eyes and my mind.
3. I will respect myself, I will use my karate for self defense and to help other people.
4. I will respect my Sensei, I will take my karate training seriously.
5. I will respect other people, I will treat other people as they would like to be treated.
6. I will respect the earth, I will keep it clean and respect all the living plants and animals.